

Facilitator: Annie Goodwin

Recorder:

Date: October 3, 2023 Time: 3:30-4:30 PM Location: VIRTUAL

Attendance:

	Carla Prock, BFHD	\boxtimes	Courtney Armstrong, Behavioral Health Committee Chair
\boxtimes	Kristi Sharpe – Key Connections Kennewick	\boxtimes	Zachary Shileika, TC Futures
	Daisy Parra-Padilla, BFHD	\boxtimes	Vanessa Mccollum, KSD
	Makenna Richards, BFHD/NFP		Amanda Plumlee, GHN
	Laverne McGrath, Think about Thinking	\boxtimes	Joyce Newsom, PFP/2-1-1 mobility outreach coordinator
	Ruvine Jimenez, League of Voters	\boxtimes	Breanna Zavicar, Benton City CPWI
\boxtimes	Honor Crawford, BFHD	\boxtimes	Annie Goodwin, BFHD
	Diana Henning, Kadlec Health Ages		Mariana Gamino, SARC Victim advocate
	Lorena Rios, Southridge student assistant	\boxtimes	Jacob R. Campbell, Pasco School District
	Yajaira Lemus, BFHD		Daphne Gallegos, BFHD
	Eunice Aguilar, BFHD	\boxtimes	Monique Castillo
	Chuck Feth		Trish Longhorn
\boxtimes	Lucelia Rodriguez, PSD	\boxtimes	Kellie Musick, ESD 123
\boxtimes	Miranda Sahagun Barraza, BFHD	\boxtimes	Alma Pena, BFD
\boxtimes	Julie Chacon, BFD	\boxtimes	Meghann Barker
\boxtimes	Kaylee Wade	\boxtimes	Jessica Sagdal
\boxtimes	Sadie Salisbury		

Agenda Item:	Lead:	Brief summary including action(s) taken:	
		Welcome back! Happy October!	\square
		Miranda Introduction	
Share Links for HOPE training		Virtual Learning Hub Tufts Hope (positive experience.org)	\boxtimes

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COMMUNITY OF HOPE COALTION

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Frameworks for resilient communities	Frameworks for Organizing Resilient Communities		
	HOPE HEALTHY OUTCOMES FROM POSITIVE EXPERIENCES SAMHSA Substance Administration Service (Administration)		
	PACES Wendy Ellis Robert Sandra Bloom Trauma Connection (Georgetown Sege(Tufts Sanctuary Transformed Growing University) University) Model Trauma Resilient Building HOPE Communities Resilient Framework Systems Model Communities Grantee)	\boxtimes	
	PACES Creating Resilient Communities		
	These are all the same things but with different branding! It all fits together but it's just all slightly branded differently.		
Department of	Adolescent and Young Adult Health Mini Needs Assessment		
Health			
	They are wanting to hear from health care providers working in Washington, serving teens and young adults in the state. Specifically		
	want to hear their perspectives on adolescent well-visits, behavioral	\boxtimes	
	health care, confidential care, telehealth services, youth-friendly care,		
	and billing and reimbursement for adolescent health care		
	Adolescent and Young Adult Health Needs Assessment WaPortal.org.		
Screen Agers	Three-part movie series (45min) depicting a deep personal approach		
Screening	into family life and the struggles involved with social media, mental		
	health, and substance use. Dr. Ruston who is the filmmaker and a		
	primary physician focuses on these three topics to bring empowerment and solutions to parents and youth on how to navigate these challenges.		
	Films are in 3 parts:		
	1. Social Media		
	2. Mental Health		
	3. Substance Use		
	Looking to plan an event for screening this film(s)		
	- Partner for screening/community viewing		
	- Idea: Parent night where teachers are invited.		
	- School interest could be an area of facilitation and open it to the public.		
	- There are youth versions, but we are looking to do a parent		
	focused screening at the time.		



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> Could eventually be a series or lean towards the social media or mental health one

Vanessa

- Licensing: It could be used for community screening, in person community screening in a theatre style or similar format at the institutions or location that is temporarily controlled by institution.
- Option to purchase one time screening community license.
- An option is to purchase additional licensing with others fundings for Pasco, Richland, Kennewick.

Jacob

Could the licensing be to ESD or a large entity?

Kristi

- Watching screenagers would've been really beneficial and valuable prior to raising kids. Teachers, parents, and students are searching for answers and this showing could be very meaningful.
- Panel of experts, great discussions, Youth event maybe down the road?

Previews and trailers to films – YouTube and Screen Agers website

Annie

o Will parents cross the river to watch the film?

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Kellie

- Happy to take the idea back to ESD and see if they are interested in applying for a grant to get licenses.
- Districts (23) would be ecstatic to get this resource based on meetings she has been to
- Thinking how parents will be interested in early intervention with toxic stress and developmental delays.
- Future: possible partnership with children developmental center, ESD, Columbia health association to have a showing on mental health and the impact it has on the child

Courtney

 May be possible to shift funding around to make this activity fit into line budget to serve the whole community. Going to talk to Kristi and Vanessa on licensing and pricing to make it available throughout the tri cities area.

Vanessa

 The best way to engage parents may be by doing it at a school as they are connected to that school and that district.



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out. Subcommittee	e: if you are interested with working on this project reach	
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Standing Agenda Items:			
Category:	Lead:	Summary including action(s) taken:	



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Resources an	d Trainings:		
Month:	Event		
National	October is National Bullying Prevention Month		
Bullying	Unity Day October 18 th – you can wear orange for kindness, acceptance, and inclusion.		
Prevention	http://icanhelpline.org/		
Month	STOMP Out Bullying™ Cyberbullying & Bullying Prevention		
	https://itgetsbetter.org/about/		
	The Trevor Project For Young LGBTQ Lives		
	Screenagers Movie Resources		
	Surgeon General Issues New Advisory About Effects Social Media Use Has on Youth Mental		
	<u>Health</u>		
	Social Media and Mental Health		
	The Four Building Blocks of HOPE		
	 BAM! Has Mental Health Classroom Resources for Teachers 		
	Screen time at age 1 year and communication and problem-Solving Developmental Delay at 2 and 4		
	years Screen Time at Age 1 Year and Communication and Problem-Solving Developmental Delay at 2		
	and 4 Years Child Development JAMA Pediatrics JAMA Network		
Brazelton	The Brazelton Touchpoints Center (BTC) offers live, online workshops and multi-day courses for all		
Touchpoints	professionals who work with young children and their families. Our trainings are led by BTC Staff		
Center	Facilitators and National Facilitators and provide certificates of attendance. Members of the BTC		
	Learning Network receive a discount on all registration fees. (Click here for information on joining the		
	BTC Learning Network.)		
	Need to register a group? Group registration can now be done online!		
	All workshops offer live Spanish translation and closed captioning.		
	Questions? Contact us today!		
	Beyond Trauma-Informed Care: A Developmental-Relational Framework		
	For Engaging Adults And Children In Healing And Resilience		
	This three-part webinar series will explore strengths-based foundational concepts and		
	actionable strategies related to trauma, adaptation, healing, and resilience. Participants will		
	learn to better understand and respond with empathy to behavior displayed by children and		
	adults who have experienced trauma, while also supporting their development of a greater		
	sense of trust and safety. The live, interactive workshop is on Tuesdays, November 7, 14 & 28		
	at 12:30 PM ET / 9:30 AM PT.		
	Mental Health and Relationship-Building Workshops for Staff and Families		
	This three-part series provides knowledge, skills, and strategies for strengthening your partnerships		
	with parents, understanding depression, and talking with children about difficult issues. This virtual		
	workshop series based on the Family Connections model is for mental health consultants, family service		
	professionals, and early childhood system or program leaders. The workshop is on Thursdays, October		
	19, 26 & November 2 at 2 PM ET / 11 AM PT.		
	Addressing Behaviors that Challenge		



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National Council for Mental Wellbeing	This course explores how to use a relationship-based care approach to understand and respond to child behaviors that providers find challenging. Participants learn to respond to children's behavior by deeply reflecting upon their own reactions to children's behavior, regulating their emotional reactions, and engaging families to mutually understand the reasons for their children's behavior. The series meets on Mondays, October 30, November 6 &13, and Wednesdays, November 1, 8 & 15 at 6 PM ET / 3 PM PT. Webinar: Social Media and Youth Mental Health: Healthy Habits for Teens Webinar will cover positive ways to manage social medias impact on youth and how they can take care of their mental health. Participants will learn about the potential risks and benefits of social media use to the mental health of young people, identify healthy social media habits, and discuss resources and strategies to support the specific healthy social media habit(s) youth would like to start or continue. Wednesday, October 4, 4:00 p.m. PT
	Sharing Lucelia — Intern for Pasco High School Putting together community resource fair, Tuesday October 17 6-8pm. Anyone that wants to join reach out to Lucelia (lurodriguez@PSD1.org). They are targeting students on the truancy radar, not everyone is listed on the flier for vendors and representatives. PHS Community Resource Fair Comité de Participación Comunitara de la PHS Por favor, acompéfience el martes, 17 de octubre de 2023 for our Community Engagement. Board Meeting Time: 6:00 pm - 8:00 pm Location: PHS Student Mall, 1:108 N. 10th Ave (entre by the gym) We will have vendors that can help with the following. Mercial Health Services Juverille Court Counseling Housing information Local food bank info Powerschool Sign-Up
	 Kellie The early intervention department was approved for a grant through DCYF through their Early Support for Infants and Toddlers program. This will be an 8-week intensive training for neuro-relational framework. Wanting to help providers and families to deal with toxic stress. ICC- organizing a group on public awareness and finding these kids to get early intervention.
	 Washington State 211 system- how families get connected to key resources. Fantastic events going on in October, email Joyce for 211 cards before Friday if you need them for events.

for events.



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	 Washington state 211 system is now the official referral for traumatic brain injury resources- for those who provide care to these individuals or those impacted personally.
Н	lappy Fall!

Next Coalition meeting will be held November 7, 2023