



COMMUNITY OF HOPE COALITION

Facilitator: Miranda Sahagun Barraza

Recorder:

Date: January 2, 2024

Time: 3:30-4:30 PM

Location: VIRTUAL

Attendance:

<input type="checkbox"/>	Carla Prock, BFHD	<input type="checkbox"/>	Courtney Armstrong, Behavioral Health Committee Chair
<input type="checkbox"/>	Kristi Sharpe – Key Connections Kennewick	<input checked="" type="checkbox"/>	Zachary Shileika, TC Futures
<input type="checkbox"/>	Daisy Parra-Padilla, BFHD	<input type="checkbox"/>	Vanessa Mccollum, KSD
<input type="checkbox"/>	Makenna Richards, BFHD/NFP	<input type="checkbox"/>	Amanda Plumlee, GHN
<input type="checkbox"/>	Laverne McGrath, think about Thinking	<input checked="" type="checkbox"/>	Joyce Newsom, PFP/2-1-1 mobility outreach coordinator
<input checked="" type="checkbox"/>	Ruvine Jimenez, League of Voters	<input type="checkbox"/>	Breanna Zavicar, Benton City CPWI
<input type="checkbox"/>	Honor Crawford, BFHD	<input type="checkbox"/>	Annie Goodwin, BFHD
<input type="checkbox"/>	Diana Henning, Kadlec Health Ages	<input type="checkbox"/>	Mariana Gamino, SARC Victim advocate
<input type="checkbox"/>	Lorena Rios, Southridge student assistant	<input checked="" type="checkbox"/>	Jacob R. Campbell, Pasco School District
<input checked="" type="checkbox"/>	Yajaira Lemus, BFHD	<input type="checkbox"/>	Daphne Gallegos, BFHD
<input type="checkbox"/>	Eunice Aguilar, BFHD	<input type="checkbox"/>	Monique Castillo, Catholic Charities
<input type="checkbox"/>	Chuck Feth	<input type="checkbox"/>	Trish Longhorn
<input type="checkbox"/>	Lucelia Rodriguez, PSD	<input type="checkbox"/>	Kellie Musick, ESD 123
<input checked="" type="checkbox"/>	Miranda Sahagun Barraza, BFHD	<input checked="" type="checkbox"/>	Alma Pena, BFHD
<input checked="" type="checkbox"/>	Julie Chacon, BFHD	<input type="checkbox"/>	Meghann Barker
<input type="checkbox"/>	Kaylee Wade	<input checked="" type="checkbox"/>	Jessica Sagdal
<input type="checkbox"/>	Sadie Salisbury	<input type="checkbox"/>	Julie Sisemore (DSHS/DDA)
<input type="checkbox"/>	Marinella Chvatal, Catholic Charities	<input checked="" type="checkbox"/>	Brian Delano, Greater Health Now
<input checked="" type="checkbox"/>	Briseida Chavez, ESD123	<input checked="" type="checkbox"/>	Tanya, Pasco Prevention Network
<input type="checkbox"/>		<input checked="" type="checkbox"/>	Robin Henle

Agenda Item:	Lead:	Brief summary including action(s) taken:	Closed
12 Attendees		<ul style="list-style-type: none"> Happy New Year! January is Upon Us! 	<input type="checkbox"/>
Mindfulness Exercise		https://youtu.be/cEqZthCaMpo?si=po-xAbgmeQTgvuTF	<input type="checkbox"/>
Recap and accomplishments of 2023		21 Public Health Accomplishments in 2023 (substack.com) Reflecting on 2023! It has been a year, with multiple highs and lows! Take the time to recap and think about what the next year holds for us and public health.	<input type="checkbox"/>



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<p>HOPE Building Block: Relationships</p>	<div data-bbox="542 403 1101 709"> <p>Washington State Department of Health 10</p> </div> <div data-bbox="636 718 1050 764"> <p>Engagement</p> </div> <div data-bbox="591 835 1088 949"> <p>Social and civic engagement to develop a sense of belonging and connectedness.</p> </div> <p>The next couple of meetings we will be focusing on the building blocks of HOPE. This month it is engagement! This can be social or civic engagement, with helps build relationships! This could be anything being done to engage kids in conversations, in activities, in learning. It's important for kids to feel like they belong, and they matter for healthy brain development so being involved in some activity can help with that.</p> <p>Looking at positive childhood experiences, children and individuals can experience adverse experiences, but those positive experiences have a mitigating factor at overcoming the adversity. The building blocks give us the tools to create positive childhood experiences.</p>	<input type="checkbox"/>
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Standing Agenda Items:

Category:	Lead:	Summary including action(s) taken:



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Resources and Trainings:

Month:	Event
Department of Social and Health Services	<p>Diaper Related Payment (DRP) DSHS (wa.gov)</p>
CDC division of school and adolescent health	<p>Promoting Mental Health and Well-Being in Schools CDC</p> <p>Recent data from the CDC's Youth Risk Behavior Survey showed that adolescent mental health has been worsening for more than a decade and that key indicators of poor mental health have reached alarming levels. They released this action guide that touches on mental health literacy, help to promote mindfulness and social, emotional, behavioral learning, and resources!</p>
Teen health Hub	<p>NEW DOH webpage for teens and young adults</p> <p>Featuring health-related information and resources on topics young people want to know about. It was co-created by DOHs adolescent health team and members of the youth advisory council. Teens and young adults, parents and caregivers, and youth serving professionals can find links to websites, including resources on behavioral health, primary care, navigating the health care system, sexual and reproductive health, and teen dating and violence prevention. All content is vetted by experts and reviewed and approved by the youth advisory council.</p>
Strong Start	<p>Universal Developmental Screening — A Strong Start for Children Washington State Department of Health</p>
Social media	<p>Social Media and Adolescent Health The National Academies Press</p> <p>Social media has been fully integrated into the lives of most adolescents in the U.S., raising concerns among parents, physicians, etc. the National academies of sciences, engineering, and medicine examined the research and drafted a detailed report exploring that effect. Topics covered include platform design, transparency and accountability, digital media literacy among young people and adults, online harassment.</p>
HearMeWA	<p>HearMeWA Washington State</p> <p>Statewide program for receiving and responding to tips regarding risks or potential risks to the safety and well-being of youth. The goal is to provide a safe place for youth to report safety and well-being concerns to help prevent tragedies and violence.</p>
Uber for teen safety	<p>Safe Kids Worldwide worked in collaboration with Uber to develop safety tips for Teen Riders and their parents. Recently Uber expanded its rideshare platform to include opportunities for teens 14 and older to use the rideshare service. Previously riders had to be 18 years old to use the platform. Allowing riders 14 and over to use Uber gives parents flexibility to ensure their kids have a safe ride to school,</p>



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sports, or other activities and places that previously may have not been possible. We believe expanding Uber's service helps achieve our goal of supporting a more equitable transportation system by offering more transportation opportunities to kids who need them.

- [Teen Rider Uber Safety](#)
- [Teen Rider Uber Safety for Parents](#)

*Royal Rosca
for the
three kings'
day
tradition*



Rosca de Reyes is a Mexican tradition that commemorates the catholic holiday known as the epiphany or baptism of Jesus that takes place on January 6th. This is to celebrate the three kings visiting the infant Jesus to give him gifts. It will be the largest kings' bread ever made in the tri-cities. All donations and proceeds from this event will go toward supporting Grace kitchen, an organization dedicated to empowering women by providing them with essential job and life skills for a brighter future.



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	<u>Sharing</u>



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Meredith
with
FYSPT

Understanding Sexual Orientation, Gender Identity & Gender Expression

An Introduction Training for Families

Come join us in fostering a collaborative environment that promotes empathy and education. Our aim is to enhance our ability to support individuals who have diverse identities. Gain knowledge and understanding of the LGBTQ+ community, including the use of appropriate language and terminology. Discover strategies for effectively supporting young individuals in our lives, enabling open and respectful discussions, and encouraging open dialogue. We will also provide valuable resources to assist families in their personal development and education on this subject.



Scan below to join the meeting!



2024 THURS
JAN 4
3:30 - 5PM

Hosted by: Greater Columbia FYSPT & the
Statewide Family Network

Facilitated by: Karen Kelly, WSCC Project
Director



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YOUTH AND FAMILY TREE



Our Youth and Family Tree Team provides treatment to youth aged between 12-25 years old who are using substances. We use evidence based practices to provide treatment and case management to youth and their families.

Comprehensive
HEALTHCARE



What Can We Help With?

- Substance Use Disorder (SUD) treatment through groups and individual sessions
- Mental Health treatment to those with co-occurring disorders
- Services to family members also struggling with substance use
- A Youth Recovery Coordinator is available to assist families with accessing resources



Contact Us

Walla Walla Center
+(509) 524 - 2920

Pasco Center
+(509) 412- 1051

24/7 Crisis Line
988



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<p><i>Save the Date</i></p>		
	<p>Sharing Brian – Greater Health Now https://greaterhealthnow.org/sponsorship-application Brian shared how greater health now helps organizations with funding for outreach events. Application can be done with the</p> <p>Ruvine- League of Education Voters Foundation Legislative Preview Webinar, Friday, January 5, https://bit.ly/2024_session_preview This webinar will focus on community driven solutions to support students and families who have been historically and systematically underserved. There will be an overview of the 2024 legislative landscape, outline our priorities for the 2024 legislative sessions and answer questions.</p> <p>Tanya Youth are doing the find your good campaign on the radio! Be sure to keep a listening ear, it is usually 3-4 radio stations in town. Pasco Prevention Coalition meeting is next Thursday 3:30- 5 at the fire station (4920 W court) – also a zoom option if unable to make it in person. Contact (pasconetwork@gmail.com) with any questions!</p> <p>Joyce I am attaching data for 211 for the year of 2023! Amazing work being done!</p>	



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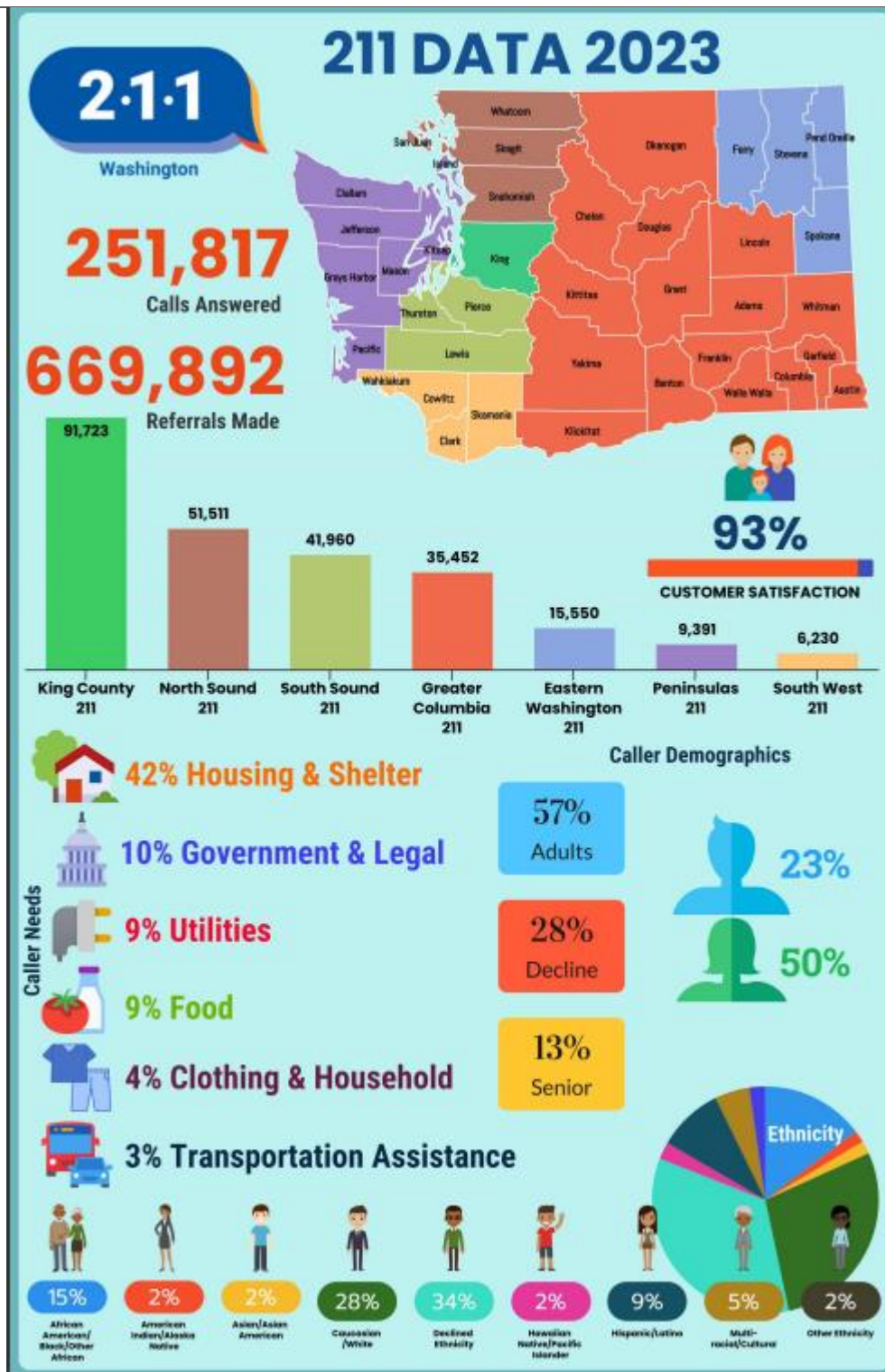
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Next Coalition meeting will be held February 6, 2024